

Training Materials and Related Resources

This is an informal list of materials readily available via the Internet. Updates will be posted periodically. If you would like to suggest additional resources, please contact Jutta Ulrich at julrich@azdes.gov. The Arizona Department of Economic Security (ADES) does not endorse these materials, and the content of these materials does not reflect the opinion of the ADES or any other State agency.

Tips for first Responders, Center for Development and Disability, University of New Mexico, http://cdd.unm.edu/products/tips_web020205.pdf

A 26-page brochure with tips on how to provide assistance. It can be downloaded for free; printed copies can be ordered in quantity. Topics include: Communication and interaction with individuals with hearing, visibility or mobility impairments, autism, and cognitive disabilities or mental illness. It also addresses service animals, assistive devices, and chemical sensitivities.

Direct Support Professional Training Curriculum, California Department of Developmental Services http://www.dds.ca.gov/DSPT/DSPT_main.cfm. California mandates standardized, competency-based training for DSPs. The training manuals (instructor and student version) are posted on this website and can be used and adapted by anyone at no cost, but credit should be given to the California Department of Developmental Services. The manuals have an appendix with useful resources, and the website also has a “Featured Link” called Publications and Other Resources.

Consumer-Directed Personal Care Attendant Handbook (PDF, 83 pages) and **Training Manual** (253 pages). Y. Bradshaw, V. Nehus, A. Hart. Arkansas Partners for Inclusive Communities. <http://www.hcbs.org/moreInfo.php/nb/doc/1645> The handbook is used as a reference by the committee designing the AHCCCS consumer-directed care service option. Permission is needed to use the material; see the instructions on the website.

College of Direct Support (www.collegeofdirectsupport.com) offers courses for a fee via the Internet for frontline workers and for supervisors. The curriculum is developed in partnership with the University of Minnesota, College of Education & Human Development, and MC Strategies/Elsevier. According to CDS, their material is used in 23 states by state-level providers, private provider agencies, community service boards, and individuals. Statewide contracts have apparently been signed by Connecticut, Minnesota, Mississippi, Pennsylvania, South Dakota, Tennessee, and Virginia.

In-Home Aide Services Competency Testing Tools, North Carolina Division of Aging and Adult Services, <http://www.ncdhhs.gov/aging/inhtools/inhtools.htm> . Tests for theoretical knowledge and specific skills are posted. Items include personal care, communication, rights and responsibilities, and so forth.

Parkinson's Training for Caregivers. <http://www.parkinsonseducator.org/>. A free online course funded by the Northwest Parkinson's Foundation and the U.S. Department of Health and Human Services, Administration on Aging. (Note: It may require specific Java applications to run.)

Quality Mall. Information about person-centered supports.
<http://www.qualitymall.org/main/>. In the Stores section, the "Staffing store" includes training resources.

The Home Care Companion. Resources for Professional and Family Caregivers.
<http://www.homecarecompanion.com/training.html>. Training materials, books and videos can be purchased.